



## Mel's Baked Fish

### **Ingredients**

Fish of your choice, filleted  
Mayonnaise  
Italian seasoned bread crumbs  
Lemon juice  
Cheese of your choice

### **Directions**

Preheat oven to 350 degrees Fahrenheit.

Place fish in a 9 x 13-inch baking dish. Spread with a light layer of mayonnaise, then sprinkle with lemon juice, breadcrumbs and cheese.

Cover with foil and bake for 15-20 minutes, checking frequently to avoid overcooking. Take the foil off for the last few minutes to brown the cheese.

**Source:** Mel Cushman, wife of Midcoast Fishermen's Cooperative member Randy Cushman.