



Simple Honey-Mustard Baked Fish

Ingredients

4 fillets of the fish of your choice
3 Tablespoons honey
3 Tablespoons Dijon mustard
1 teaspoon lemon juice
Pepper to taste

Directions

Preheat oven to 325 degrees. In a small bowl, mix together the honey, mustard and lemon juice.

Place fish in a baking dish, and spread the honey-mustard mixture over the top. Sprinkle with pepper. Bake 20 minutes, or until fish flakes easily with a fork.

Source: Adapted from an Allrecipes.com recipe.